

FOREWORDS *by* JAMES W. GOLL & JOHN ARNOTT

Hearing

GOD

through

YOUR DREAMS

UNDERSTANDING THE LANGUAGE
GOD SPEAKS AT NIGHT

MARK VIRKLER *and*
CHARITY VIRKLER KAYEMBE



ENDORSEMENTS

In *Hearing God Through Your Dreams*, Charity Kayembe has created an extremely powerful resource for all of us who need greater equipping in understanding the value of our prophetic dreams.

The Apostle Peter said, “We are His witnesses!” (Acts 5:32) Charity explains how even in receiving prophetic dreams we become ‘witnesses’ and ‘observers’ as one of the mechanisms through which God transforms our hearts and minds. Our practiced ‘observation’ of these ‘*visions in the night*’ become revelatory portals through which we pull heaven to earth. Her explanation of this process is revolutionary!

Charity is a deeply spiritual woman with so much to impart to the body of Christ. I heartily recommend her book as an excellent resource that will open up and explain entirely new dimensions of experiencing God.

PHIL MASON

Author of *Quantum Glory: The Science of Heaven Invading Earth*
Spiritual Director of New Earth Tribe
Byron Bay, Australia

Hearing God Through Your Dreams opens up a realm of blessing to you regarding the significance of dreams, their connection to the supernatural dimensions of the Kingdom of God, and their ability to reveal the heart and message of God. Charity Kayembe and Mark Virkler invite us to embrace this wonderful way God uses to connect our heart to His. This is a great book for both personal and group study and application. It is my honor to recommend it to you.

PATRICIA KING

Founder, Patricia King Ministries

“Every night we can connect with heaven through our dreams.” What a beautiful challenge stated in this book. Who wouldn’t want to learn more about that? This book teaches us how to pay attention to our night visions and glean all the wisdom God wants to share with us while we dream. What a privilege to hear from the God of the universe while we step out of His way and go to sleep.

Diving into the meat of this book taught me so many wonderful concepts about hearing God through dreams and how to interpret them symbolically, while showing the clear, biblical precedents for God speaking to us this way. What a terrific list they supply of the most significant moments from the Bible that you may not have even realized happened in dreams! If God places so much importance on this as a method of communication, shouldn’t we?

CHERYL MCKAY

Screenwriter, *The Ultimate Gift*

Author, *Finally the Bride*

When I started to read this book I had almost never experienced God speaking to me through my dreams. I realized that I dreamt, but usually forgot the dream by the time I woke up. After starting to read this manuscript I had a dream which I clearly remembered the next day. Through the principles given in this book, interpretation came to me through the Holy Spirit in a way I never experienced before. The dream proved to be key in a major decision that had to be made a few days later.

The Holy Spirit will use this book to minister to your heart. It is biblically sound, filled with many dreams and principles to interpret them, and is certainly one of the best books on dream interpretation available. The authors write from decades of experience and share very personally how God ministers to us through dreams.

Reading this book will give you a strong desire for the Lord to reveal His heart to you through the language of the dream. I heartily recommend this book to anyone who longs to understand how God

communicates to us through dreams and seeks to learn how to interpret His messages in a way that is biblical and trustworthy. I wish you many dreams from the Lord!

DANIËL RENGER, B.A., M.Div.

Senior Pastor Evangelical Church Europoort,
Rotterdam, The Netherlands

General Secretary Assemblies of God, The Netherlands

Team Virkler has made dream interpretation easy. No more “pizza dreams.” Only messages from God!

SID ROTH

Host, *It's Supernatural!*

Charity states, “You will absolutely love seeing Jesus, His heart and His personality through dream work! It is an epic adventure, and we get to live into it every single night.” I couldn't say it better. With humour, joy, and love for Jesus shining through, Charity takes us on an adventure in dreaming, laying out for us the biblical principles as stepping stones to understand this language the Lord pours out in the night. If you want to experience the joyful personality of Jesus discovered in dream work, then this book is for you!

MURRAY DUECK

Founder and President,
Samuel's Mantle Prophetic Training School
British Columbia, Canada

When Charity asked me to read her new book on dreams, I was not ready for the immediate impact it would have on my life. Filled with sound biblical teaching and enlightening relevant dreams and their interpretation, this book is not a good one, it is a great one! Once it hits the shelves, everyone I know will get a recommendation from me to buy it and read it over and over. Great job Charity, you hit a homerun.

JOE BROCK

Sr. Minister, Vineyard Assembly of God
Tipton, IN

Hearing God Through Your Dreams is a book that offers solidly biblical, fresh, and creative guidelines to understand what the Lord is saying through our dreams. There is much for believers to learn in this book, and it will take you to a new level of understanding what the Spirit wants to communicate to you through the language of dreams.

GARY S. GREIG, PH.D.

The University of Chicago 1990

Adjunct Faculty, United Theological Seminary

Dayton, OH

Some books on dreams give mostly symbol interpretations and few dreams. Other books give a few dreams from people in modern life and a few dreams from the Bible along with a list of rules of interpretation. Those are all good. But what I especially like about this book is something that is quite rare: 30 Dream Interpretation Keys are used on 60 fascinating dreams—each dream by the same person.

Dr. Mark Virkler and his daughter, Dr. Charity Kayembe, co-write this book. I love their writing style—*easy* and *interesting reading*, great teachings, all coupled with thorough dream interpretation. I love it! This book will remain as a primary reference book for me for my own dream interpretations for years to come! Get this one. You're going to need it!

STEVE SHULTZ

Founder, *The Elijah List*

Understanding our dreams and visions prepares us to play a prominent role in God's end-time revival. We agree wholeheartedly with Charity and Mark when they say, "God speaks through our dreams and He does it often.... They are a portal to the spirit realm." It's in opening that realm that brings Heaven to earth. The personal wisdom, knowledge, and insights into the language of dreams that the authors have provided would normally take years to acquire. We

strongly recommend this well-written and comprehensive Christian dream interpretation resource for all believers.

ADAM F. THOMPSON and ADRIAN BEALE

Authors of *The Divinity Code*

www.thedivinitycode.org

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OTHER DESTINY IMAGE BOOKS BY DR. MARK VIRKLER

4 Keys to Hearing God's Voice

How to Hear God's Voice

Hearing God

Hearing God Through Biblical Meditation

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through

YOUR DREAMS

UNDERSTANDING THE LANGUAGE
GOD SPEAKS AT NIGHT

MARK VIRKLER *and*
CHARITY VIRKLER KAYEMBE

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DEDICATION

This book is dedicated with much love to my parents,
Mark and Patti Virkler.

I am so grateful you taught me how to hear God's voice
all day and all night and walk according to His Spirit.

You have always encouraged me to look
into the supernatural realm and live by what I see there.

What a priceless gift!

ACKNOWLEDGEMENTS

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Dr. MaryAnn Diorio, Ivey Rorie, and Lynn Lougen for reviewing early drafts of this book. Your attention to detail, edits, and prayers were a wonderful encouragement that helped create the best version possible of this manuscript.

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CONTENTS

	Foreword <i>by Dr. James W. Goll</i>	17
	Foreword <i>by Dr. John Arnott</i>	21
	Preface <i>by Dr. Mark Virkler</i>	27
	Introduction	
	Understanding the Language God Speaks at Night <i>by Dr. Charity Kayembe</i>	31
CHAPTER 1	Bridges to the Supernatural: How Dreams Connect Us to God	35
CHAPTER 2	The ABCs of Dream Work: How to Translate the Language God Speaks at Night	49
CHAPTER 3	Scriptural Precedents: Exploring Dreams and Visions in the Bible	65
CHAPTER 4	Snapshots of the Spirit: Gaining Heaven’s Perspective Through Dreams	87
CHAPTER 5	Pictures and Parables: The Language Jesus Spoke	109
CHAPTER 6	The Fun Form of Dreams: Puns, Parodies, and Plays on Words	127
CHAPTER 7	Out of Our Minds: How Dreams Get Us out of Our Heads and into Our Hearts	147
CHAPTER 8	Inspiration, Innovation, and Invention: Receiving God’s Creativity Through Dreams <i>by Dr. Mark Virkler</i>	167
CHAPTER 9	Dream Symbols: Personalized, Unique, and All Your Own	179
CHAPTER 10	Why All Bad Dreams Aren’t: The Blessing of Nightmares and Other Surprising Revelations	201

CHAPTER 11 Scary Sleep:
Darth Vader, Dragons, and
the Dreams Children Dream225

CHAPTER 12 Putting It All Together:
Practical Tips for Dream Work257

APPENDIX How to Hear God’s Voice
by Dr. Mark Virkler279

Notes289



FOREWORD

BY DR. JAMES W. GOLL

Truths continue to unfold over time. Deuteronomy 8:3 tells us, “Man does not live by bread alone but by every word that proceeds from the mouth of God.” This Old Testament truth is reiterated by Jesus Christ Himself during His historic confrontation with the devil in which He repeatedly says, “It is written...” Now that alone is amazing! The power of writing! “It is written.”

Of course, this was not just another writing that Jesus was declaring. He was taking the revelatory Word from generations before and bringing it forward into His time for His personal battle with the powers of darkness, which He won by declaring, “Man does not live by bread alone but by every word that proceeds from the mouth of God!” (see Matt. 4:4; Luke 4:4).

As a part of the New Testament Sermon on the Mount, this assertion is not in the Hebrew language, as is the Old Testament; rather, it is in the language of Jesus’ day. In the English transliteration, the verb tense that is used here is an ongoing active tense. So

HEARING GOD THROUGH YOUR DREAMS

it could be stated something like this: “Man does not live only by natural bread. But man thrives on the ever-proceeding Word that has come forth, does come forth, and will come forth from the very mouth of God Himself!”

Now, that is interesting for sure. “But,” you say, “how does that relate to a book on the power of dreams?”

In recent years, various leaders have often stated that “our ceiling is the next generation’s floor.” This is especially true when the culture of honor is present, relationships are in place, and the truth of God’s Word is upheld. That is the case with the writings of Dr. Charity Kayembe. Though I do not know her personally, I know her dear father very well, and he and I have walked a path of progressive revelation together for years. Her father is none other than Dr. Mark Virkler of Christian Leadership University, author of *4 Keys to Hearing God’s Voice* and a personal friend of mine.

When I was asked to consider writing an endorsement or a foreword for his daughter’s book on dreams and the revelatory ways of God, I did not hesitate. In fact, I did not even pray about it. I said something like, “It would be an honor.” Now, please understand that I am asked by people every week to do an endorsement or compose a foreword for a book, and my primary guideline is that I will not do it unless I have a relationship with the person. In this case, I know the father and mother, I know the legacy, and I trust the fruit! Yes, I trust the fruit that comes forth from this strong and tested tree!

Over the years I have helped shape some of today’s understandings in the prophetic realms with books such as *The Seer*, *Dream Language*, *The Lifestyle of a Prophet*, *The Prophetic Intercessor*, *Angelic Encounters*, *Adventures in the Prophetic*, and many others. My writing combines three strands of truth: 1) scriptural foundation, 2) precedent in Jewish and church history, and 3) contemporary examples of current-day activity of the Holy Spirit. So while I do have some history under my belt, I could not have written this book!

Hearing God Through Your Dreams draws on the genius of science, including studies of brainwave activity, quantum physics, and so much more. Charity picks up where I leave off—my ceiling has become her floor! In the true culture of honor, she builds on my teachings as well as those of her father and others, adding revelation the Holy Spirit has given her personally that is full of truth and insight. It is intriguing, and even challenging. Don't you love a challenge?

Coming from another generation's way of receiving, analyzing, digesting, and communicating, the book in your hands states things factually that I only "dream about." In other words, her studies have taken her outside of my wonderful, and what I thought to be somewhat thorough, wheelhouse. The book is, in fact, brilliant.

So I want to thank the Lord that lineage and legacy are being established. I want to thank the Lord that progressive revelation is contained in this book. I want to thank the Lord that God still speaks and His servants are still listening!

Congratulations, Charity! I am sure you have made your mother's and father's hearts glad. This I know for sure: you have done a great job of helping us move forward with more understanding concerning one of God's historically most important revelatory languages: the art of dreams! This makes my heart glad.

I trust readers will be impacted, educated, and inspired by the writings of a next-generation revelatory voice. Thank you, Charity, for picking up the baton of forerunners and carrying the message that "God still speaks" further down the road!

DR. JAMES W. GOLL
Founder of Encounters Network, Prayer Storm,
GET eSchool, and Compassion Acts
International Best-Selling Author



FOREWORD

BY DR. JOHN ARNOTT

Dreams, as common as they are to all of us, are nonetheless very often overlooked, ignored, or dismissed as a curious result of a double-cheese pizza the night before. Sometimes, as in the case of recurring nightmares, they can be feared or even hated.

But the Bible has much to say about dreams and visions, and it's important to understand that they have great power to change your life. I remember years ago, in the mid-1980s, as Carol and I had planted our first church in her hometown of Stratford, Ontario, I started to take dreams seriously and began studying them in Scripture. I did a word search on my primitive computer, looking for every time the words *dream* and *vision* are used in the Bible. I then printed out the whole list on fanfold paper, and it stretched the entire width of our church. It was a graphic reminder of how abundant and important dreams and visions are in Scripture. I began to take dreams even more seriously.

HEARING GOD THROUGH YOUR DREAMS

I remembered that Joseph believed Mary's story of her virgin conception because of a dream he had and also that after Messiah was born, Joseph fled with his family to Egypt, saving Christ's life from Herod's butchers, all because of another dream (see Matt. 1:20-25; 2:13-15). Wow!

In her book *Hearing God Through Your Dreams*, Dr. Charity Kayembe has produced a very helpful work that is like a training manual, enabling the reader to see the importance of dreams and how God uses them to speak to us about doctrine, reproof, correction, and instruction in righteousness (see 2 Tim. 3:16). It becomes an application of Scripture in our lives. Are you ready for an exciting, never-ending adventure?

Let me tell you of a life-changing dream I had over thirty years ago.

In the dream, I was told to go to Buffalo, New York, to bring home three pint-sized bottles of cream. Some of you older readers may remember when milk was delivered to your door in quart-sized glass bottles and cream in pint-sized glass bottles (for you younger readers, a pint is about half a liter). Well, in the dream, it was the best cream ever.

I woke up excited, sensing something was up. I related my dream to Carol, and together we immediately took the two-and-a-half-hour drive to Buffalo to see if God would open up anything to us. I knew only one person in Buffalo, and that was Pastor Tommy Reid from The Tabernacle. I didn't know him at all, really. I had merely said a brief "hello" to him while attending a recent conference at his church.

We arrived at The Tabernacle in the early afternoon. Pastor Tommy was not in, but we met with Gordon Spiller, who was then the dean of the newly formed Buffalo School of the Bible, a Bible school based out of this church. I was very interested in the courses of study that were shown me.

We soon met Mark Virkler, one of their main teachers, and began a friendship that has endured for more than three decades. We have since met his wife Patti and his children, Charity and Joshua, on many occasions.

Well, Carol and I returned home with a manual on “Hearing God’s Voice,” which turned out to be spiritual “cream” of the highest and best order. We had no idea of the fantastic journey of the heart that was being put into our hands. That dream of the cream bottles changed the course of our spiritual destiny!

We brought home what was soon to become one of our four core FIRE values that have formed the basis of our ministry: “intimacy,” or hearing the voice of God. This wonderful teaching from Mark has transformed our lives. It became the fountainhead of all that we hear from the Holy Spirit, including words of knowledge, prophetic words, visions, and even dreams. It amazes me to this day that had I not had that dream of the cream bottles over thirty years ago, our ministry today would be very different indeed.

Our four core values are layered on top of a biblical, evangelical, charismatic statement of faith. They are as follows:

1. **F**—A revelation of the **Father’s love**, which we received from Jack Winter (see Matt. 11:27; Luke 10:22 NIV).
2. **I**—**Intimacy**, or hearing the voice of God, a value whose discovery we owe to Mark Virkler. Our life and ministry were transformed through this dialogue and intimacy with God.
3. **R**—**Restoration**, teaching, healing and deliverance for life’s hurts, with much appreciation to John and Paula Sandford.
4. **E**—And finally a power and love **encounter** from the Holy Spirit. We are so deeply grateful to Claudio

HEARING GOD THROUGH YOUR DREAMS

Freidzon and Randy Clark for a contagious impartation of the Holy Spirit that continues to this day. This took everything in our ministry to a whole new level of relationship, healing, and evangelism.

The first three, on which we worked faithfully throughout the '80s and early '90s, are the fulfillment of my dream about the three cream bottles. These values prepared us and our church teams for the fourth bottle of cream: a mighty outpouring of the Holy Spirit in power and love that would become known as the "Toronto Blessing." God is so much more than history, tradition, and Bible study. He pursues us for a dynamic love affair with Father, Son, and Holy Spirit.

Dreams and their interpretations are therefore of the utmost spiritual importance. Charity, in her book *Hearing God Through Your Dreams*, has taken the time to write out a complete inventory of all the dreams recorded in the Bible for discussion and consideration. I made a point of reading and meditating on each passage she lists, and it is a very, very interesting study to say the least.

As Charity points out, dreams are one of the main avenues that God uses to communicate with His people. Numbers 12:6 clearly states, "*If there is a prophet among you, I the Lord make Myself known to him in a vision; I speak with him in a dream*" (ESV).

There is a promise from the Book of Joel that is quoted by Peter on the Day of Pentecost. Peter says that God's Holy Spirit will be poured out on all flesh and they will prophesy, see visions, and dream dreams (see Joel 2:28; Acts 2:17). Dreams are absolutely the will of God. They always have been—and so much the more now for us who live in the last of the last days. Joel's prophecy is pointing to you and me.

Charity does an excellent job of walking the reader through the various kinds of dreams that one may have from the Lord. Dreams are usually subjective, she explains, but occasionally objective and

intended for others. They are usually figurative, symbolic, and allegorical, but not always, as occasionally there are literal dreams such as the Angel of the Lord's message to Joseph in Matthew 1:20-23.

She explains how there is a symbolic language to be learned. It varies for every person, as the same symbols often mean different things to different people. If you learn this language, you'll be able to discover powerful and meaningful messages and insights from God.

Charity gives many examples of messages communicated in dreams, both from her own experience and from those of her students, as she has taught and worked with this material for many years. This is so helpful because we, as readers, do not merely want studies and information; rather, we want to enter into the blessing and benefit of having and understanding dreams from the Lord.

I strongly encourage you to read this book. Read it carefully, as a new adventure into the promises of God and new experiences with God.

This book is not the work of an inexperienced amateur. Charity has completed her doctoral degree in biblical studies and brings a wealth of knowledge and experience to this text. Additionally, I can sense in it the lifelong influence of her father, Mark Virkler, who himself is a diligent scholar who has studied dream interpretation for many years.

What a joy to see the next generation (like Charity) so full of godly values and principles and truly going full on after the life of the Kingdom. Well done, Charity, and well done, Mark and Patti. Your daughter and her book are in many ways a wonderful testimony to the faithfulness of God.

All of humanity is desperate to hear a word from God. People are seeking bizarre and unbiblical experiences. They are even searching for occult communications because so many do not know how available God really is. He truly is available to each and every one of us through dreams, through His Word, and through two-way

HEARING GOD THROUGH YOUR DREAMS

communication with Him. Jesus said, "*My sheep hear My voice...and they follow Me*" (John 10:27).

I was greatly challenged by this book and motivated to focus again on the importance of dreams from the Lord. It helped me to change some things. I now prepare my heart before going to sleep at night, putting paper and pen beside my bed. I take care to see that my final thoughts for the day are biblical and wholesome instead of going to sleep after watching the evening news, which is full of problems and disasters. I am asking God in faith to speak to me more than ever in dreams and revelations in the night.

And do you know what? He's doing it!

DR. JOHN ARNOTT
Catch the Fire and Partners in Harvest
Toronto, Canada



PREFACE

BY DR. MARK VIRKLER

It was a Saturday, five o'clock in the evening, in the early 1980s. My Toronto seminar on "How to Hear God's Voice" was over, and I discovered that Reverend Herman Riffel was in town, teaching on Christian dream interpretation. I hurried over to hear him and listened with rapt attention, hanging on every word he spoke. I then invited him to come to Buffalo School of the Bible and be videotaped while he taught our students the art of dream interpretation from a biblical point of view. That began a friendship that lasted many years, until Herman died in his early nineties.

Herman was truly an apostle and trailblazer in the Church in the area of Christian dream interpretation. He was a Baptist pastor who, in his hunger for Christian spirituality, attended the C. G. Jung Institute in Zurich to learn about dream interpretation. Yes, God gives dreams and wisdom even to non-believers (e.g., consider Pharaoh in Genesis 41). Carl Jung was a man who examined fifty thousand dreams in his lifetime. How passionate is that!

HEARING GOD THROUGH YOUR DREAMS

Herman accepted those principles of Jung that lined up with Scripture. A few of Herman's principles I have adjusted over the last thirty-five years as I have worked with my dreams and conducted dream workshops. It has been a fascinating journey to discover that God counsels us nightly in His desire to break through into our lives with His wisdom, love, creativity, and protection.

I have moved from ignorance and disdain concerning dreams to honoring and receiving God's grace through them. Some denominations will not even ordain a pastor who believes in dreams. Some "Christian commentaries" say you are psychotic if you have dreams. And yet, one-third of the Bible records dreams and the actions people took as a result of their dreams! How is it possible for "Christianity" to take such a strong stand against dreams when they are found throughout the Bible from Genesis to Revelation?

I had the great privilege of teaching my daughter, Charity, how to hear God's voice when she was just eight years old, and she has not stopped pursuing a deeper relationship with the Lord ever since. She has stacks of journals recording her conversations with Him over the last thirty years, and she has lived her life out of that intimate communion.

When she was a teenager, she began passionately pursuing dream work as another way to connect with "her best friend, Holy Spirit," and has maintained that quest ever since. As a result, Charity receives and remembers dreams nearly every night, understands and interprets them with skill, and has been able to help others discover the meaning of their night visions as well. She has worked hard, and the Spirit has rewarded her with a special anointing that I am sure you will appreciate as you read this book. What a joy to have my children stand on my shoulders and go further than I have!

The bulk of this book is in Charity's voice, as she has taken approximately thirty of my keys to dream interpretation and provided sixty dreams (mostly hers) to illustrate those keys. What a

treasure of practical Christian counseling! I know you will be blessed by not only the proficiency with which she interprets her dreams, but also the incredible depth of spiritual truth that is revealed through them. (Obviously I am very proud of the woman of God my daughter has become!) Enjoy her gift!

I have written the chapter on dreams and creativity since that is a subject that is especially close to my heart. In addition, I have written the appendix on hearing God's voice, as that is foundational not only for Christian dream interpretation, but also for the Christian life!

I pray that receiving God's grace through your nightly dreams becomes commonplace for you. His love is precious. His gifts are amazing. His protection, wisdom, encouragement, and creativity are unending, and they are all yours every night of your life.



Introduction

UNDERSTANDING
THE LANGUAGE GOD
SPEAKS AT NIGHT

BY DR. CHARITY KAYEMBE

“And it shall come to pass in the last days,’ God says, ‘that I will pour out of My Spirit on all mankind; and your sons and your daughters shall prophesy, and your young men shall see visions, and your old men shall dream dreams.”

—ACTS 2:17

We all recognize that it is important to pay attention to visions we receive during the day. They give us a glimpse into the spirit realm, and we know we should write them down, seek to understand them, and apply their message and insights to our lives.

HEARING GOD THROUGH YOUR DREAMS

In the Bible, the words *dream* and *vision* are used almost interchangeably. In Job it says: “*In a dream, a vision of the night, when sound sleep falls on men...*” (Job 33:15). Again, in Isaiah, the same phrase is used: it “*will be like a dream, a vision of the night*” (Isa. 29:7). Scripture also says that “*the mystery was revealed to Daniel in a night vision,*” and later, “*I kept looking in the night visions...*” (Dan. 2:19; 7:13).

So dreams are essentially visions we have at night. Since that is the case, why wouldn't we want to give them just as much credence as visions we have during the day? Considering that in the night our analytical mind is out of the way, we have the potential to receive purer revelation much more readily through our dreams.

I used to compare dream life versus real life, but I don't think that is quite right. Dream life is still real. God is still speaking. We are still engaging the supernatural realm. If visions are real life, then dreams are real life. John 17:3 lets us know what life is about: knowing God and Jesus, whom He sent. So with that as our working definition of what constitutes real life, we can be confident that hearing from God and connecting with His Spirit through dreams definitely qualifies.

I love Psalm 139 and what it reveals about our dreams:

How precious are Your thoughts about me, O God. They cannot be numbered! I can't even count them; they outnumber the grains of sand! And when I wake up, You are still with me! (Psalm 139:17-18 NLT)

When we sleep at night we are connecting to the very thoughts of God—the ones He is thinking about us right now. We know that we are with God while we sleep because David says when he wakes up, God is *still* with him.

If for no other reason than this, we want to understand our dreams because we want to know God's thoughts. We want to hear what He has to say about us, about life, about His world. We want to listen to His ideas, feel His heart, and understand His point of view.

We want to know Him, and listening to our dreams is a simple yet strategic way to do just that.

Understanding how God speaks at night is pivotal in our spiritual growth. Being fluent in the language in which someone is speaking to us obviously has profound implications on our ability to communicate effectively and build a closer relationship with that person. By learning God's heart language of dreams we demonstrate our commitment and desire for deeper intimacy with Him. Becoming proficient in interpreting His visions of the night is a game-changer in our walk with the Lord.

Let the journey begin!



Chapter 1

BRIDGES TO THE SUPERNATURAL: HOW DREAMS CONNECT US TO GOD

“He gives to His beloved even in his sleep.”

—PSALM 127:2

God does incredible things through dreams. And they count! Did you know that God gave King Solomon his legendary gift of wisdom in a dream? (See 1 Kings 3:5-15.) God also established the Abrahamic Covenant in a dream (see Gen. 15:12-21). God warned Pharaoh how to save his people from famine through a dream (see Gen. 41:1-37). God gave Jacob a creative business strategy through a dream (see Gen. 31:11-13). God directed Israel to go to Egypt and encouraged Gideon to go to war through dreams (see Gen. 46:1-7; Judg. 7:9-18).

And lest we think that such instances are confined to the Old Testament, the very first stories we read in the New Testament

HEARING GOD THROUGH YOUR DREAMS

involve dreams and visions as well. We need look no further than Joseph, the husband of Mary. Joseph received messages from angels through his dreams, and the first two chapters of the Gospel of Matthew record no fewer than four of his life-altering night visions (see Matt. 1:20-24; 2:13-14, 19-21, 22-23). That is a significant way to kick off the New Testament!

According to First Corinthians 10:11, these are examples by which we are to live. Our lives are supposed to match this. Considering these precedents, have you ever wondered how many blessings we miss out on by not seeing dreams the way God does? Clearly Scripture illustrates that dreams are a legitimate connection to the realm of the spirit and a bridge to the kingdom of Heaven. This is why we want to learn more about dreams—if for no other reason than enlightened self-interest!

As we explore many of God's dream principles and promises together in this book we will soon find out that the whole Bible—from Genesis to Revelation—is overflowing with dreams and visions. In fact, when we total up all dreams, visions, stories about them, and actions resulting from them, we find that approximately one-third of the Bible is supernatural visionary encounter! That is equal in size to the New Testament, which demonstrates God spoke through spiritual pictures consistently and continually. Far from being random occurrences, dreams are, in fact, God's *modus operandi*.

Most exciting of all, we will discover what happened to those who were listening to God in their dreams. The ones who understood this nighttime language met with outstanding success as they awoke and acted on the divine revelations. Once we see for ourselves all the Lord accomplished through dreams, we won't want to be left out!

In our twenty-first century Western culture we have been conditioned to barely give dreams a second thought. While it may be easy to dismiss them because they don't make sense to us, they are

only confusing because we haven't learned God's dream language yet. That is what we are going to discover in this book—how to understand the language God speaks at night.

More than any other reason, we want to listen to our dreams because doing so blesses God. He is a communicating God, speaking to us while we are awake as well as asleep. He told us to “*pray without ceasing*,” which means He wants to be having a conversation with us continually (1 Thess. 5:17). He wants our hearts connected with His all day and all night.

Dr. Virkler's Dream Key

SOME SCIENTIFIC OBSERVATIONS

Sleep laboratories have proven that everyone dreams one to two hours each night during a certain period of sleep known as “alpha level,” which is light sleep. Every ninety-minute cycle of sleep begins with alpha, then goes into deeper sleep, which is called “theta,” and finally deepest sleep, which is called “delta.”

At the close of the first ninety-minute cycle each night, the individual returns to alpha-level sleep, where he has a short, five-minute dream period. The next time he cycles up to alpha, he has a ten-minute dream period. The third time in alpha, the dream period is about fifteen minutes, and so on. Thus, the average person sleeping for eight hours a night will dream for about one to two hours of that time.

Alpha-level sleep is where one has what is called “Rapid Eye Movement” (REM). REM is exactly what it sounds like: the eyes of the dreamer begin to move rapidly. It is believed that he is actually “watching” the scenes in the dream.

HEARING GOD THROUGH YOUR DREAMS

By observing the alpha-level sleep when REM occurs, researchers in sleep laboratories have determined when a person is dreaming and how much time is spent dreaming in an average night. They have discovered that if they wake a person every time REM begins, preventing him from dreaming, after about three nights the individual will begin to show signs of having a nervous breakdown.

Clearly dreams are an inner release mechanism that helps provide us with emotional balance and maintain our sanity. Dreams can be considered guardians of our mental and emotional well-being.

WHAT THIS BOOK ISN'T ABOUT

While many Christians believe God can speak through dreams, they consider it to be a rather out-of-the-ordinary experience. They may have felt the Lord lead them through a dream or two here or there over the years. They may have received a very literal dream where Jesus came to them and spoke clearly and gave them new direction for their life. And that is awesome!

God definitely does do that. He did it in the Bible, and He certainly continues to do that today. We all have been blessed by the incredible testimonies from former Muslims who were visited by Jesus in their dreams at night and, as a result, had their hearts softened to the Gospel and became Christians. Praise God! Those are powerful stories that are wonderful to hear.

However, that is not what this book is about. If the dream is obvious, and the message is spoken literally, and you understand exactly what it means upon awakening, then you don't need any interpretation. You comprehend the meaning, and nothing is lost in translation. And yes, every once in a while we are all blessed with such night visions. Hallelujah!

But what about all the other nights? If we sleep for eight hours every night, that is a third of our lives. Is it just wasted? Just something our physical bodies need in order to function, with no other eternal or spiritual significance? Definitely not. The Bible shows us that God is a bit of a “green” God in that He doesn’t let things go to waste. Psalms says that He collects our tears in a bottle so that they are not squandered (see Ps. 56:8). Rather than allowing our pain to lack purpose, God redeems our suffering.

Similarly, how could an infinitely brilliant Creator forget about our sleep time and let our dreams be worthless? He doesn’t. He speaks through dreams, and He does it often. Not once in a lifetime, not once every few years, but all the time.

Dreams are a gateway to the spirit realm, where God lives. They are regular and reliable. They are accessible and available to everyone every night, and they provide a meaningful, powerful way to hear from Heaven and connect to the very heart of God.

There is a beautiful Scripture hidden in the Song of Solomon that reveals what happens as we rest at night: “*I slept but my heart was awake. Listen! My beloved is knocking...*” (Song of Sol. 5:2 NIV). While our physical body is asleep in this world, our heart is very much awake and alive to the spirit, conversing with our beloved Heavenly Bridegroom, the Lord Himself.

Science is finally catching up with Old Testament wisdom, and we can now even study their principles to corroborate this profound understanding of our inherent duality. Incredibly, the truths dovetail seamlessly. Let’s examine what quantum physics has to say about this amazing biblical revelation.

SUPER WHAT?

One of my favorite quotes is “We’re not human beings having a spiritual experience. We are spiritual beings having a temporary human experience.” (This quote attributed to Pierre Chardin.)

HEARING GOD THROUGH YOUR DREAMS

There is a term in quantum physics called “superposition,” and it describes a situation in which something is fully in two places at the same time. Jesus said about Himself, “*No one has ascended to heaven but He who came down from heaven, that is, the Son of Man who is in heaven*” (John 3:13 NKJV). He was on earth and He was in Heaven simultaneously.

We also are living on earth at the same time we are seated in the heavenlies (see Eph. 2:4-6). We are spirits, and we can move in the spirit world easily by praying to God and connecting with Him. Concurrently, we are also in a physical, flesh-and-blood body, which makes it equally convenient for us to function in this tangible world.

Therefore, we are perfectly, uniquely, gloriously designed to be the bridge. We are the connectors and the conduits that bridge the spiritual realm with the material realm and bring Heaven to earth. It happens through us. And one of the most natural times it happens is while we dream.

JACOB’S LADDER

We see this clearly in Genesis 28:12-17 when the Lord reaffirms to Jacob the covenant He made with his grandfather, Abraham. In a dream, Jacob sees a ladder set on the earth with its top reaching to Heaven and angels of God ascending and descending it. When he wakes up, he declares, “*Surely the Lord is in this place, and I did not know it.... How awesome is this place! This is none other than the house of God, and this is the gate of heaven*” (Gen. 28:16-17).

This verse tells us that the house of God is the gate of Heaven. We know that in the New Covenant, each one of us, as Christ followers, is a temple of God (see 1 Cor. 6:19). We are the house in which the Spirit of God dwells, which means we are the gate of Heaven (see 1 Cor. 3:16-17). We are the doorway and the ladder that connect the supernatural realm to the natural world.

In John 1:51 Jesus enlightens Nathaniel about this revelation: *“Truly I say to you, you will see the heavens opened and the angels of God ascending and descending on the Son of Man.”* We know what happened through Jesus can happen through us, and even greater works than these (see John 14:12). Jesus explained that He was the entry point allowing the presence of Heaven to flood our atmosphere, and as He is, so also are we in this world (see 1 John 4:17).

THE OBSERVER EFFECT

One reason why dreams are so important is that they give us a glimpse into the supernatural realm so we are able to see what Heaven sees. We can see ourselves the way God sees us: without limits and boundaries. Isn't that what often happens in our dreams—for example, when we are flying (*sans* airplane!)?

As we begin exploring the world of dreams, let's keep in the back of our minds what I trust you will agree is one of the most intriguing concepts of the entire unfolding revelation. Again, it has to do with quantum physics and a key feature of it. In fact, the “observer effect” is universally understood to be the most mysterious yet foundational principle in the entire field of study. A simple definition of the observer effect is that by observing something, we affect and change it.

The quantum world is a world of potential, where every possible outcome is available at any moment in time. This is the world of faith, where we know that all things are possible to them that believe (see Mark 9:23).

We see this truth established scientifically by a phenomenon called “wave function collapse.” An electron or a photon (the stuff that makes up matter and light) exists in a wave of possibility; however, when it is observed, it collapses into a single particle. The simple act of being watched or measured by a scientist's equipment collapses all the possibilities that are distributed along the wave, and

HEARING GOD THROUGH YOUR DREAMS

it becomes manifested and locked into a specific place and time as a single electron or photon.

This is a picture in the natural world of what happens when we pray. In the realm of the spirit, every possibility is available to us—for example, healing, provision, and divine perspective. We want to bring those heavenly resources into our physical dimension, to have those infinite possibilities of blessing in the spirit “collapse” and materialize in our tangible world. We want to see the heavenly waves collapse into a definite manifestation, a “particle” of healing or blessing—something that is concrete and available in our localized dimension of time and space.

How do we do this? Through vision. By seeing. Science calls it “observing,” and the Bible calls it “witnessing.” Once the Holy Spirit has come upon us, we are empowered to be witnesses; we are anointed to be observers (see Acts 1:8).

We observe Jesus, and we witness the spiritual world of Heaven. Jesus wants a witness to His life, the one that He is living right now. By seeing Him and His realm of the spirit through visions by day and by night, we are collapsing the waves of glory into our atmosphere. We are bringing Heaven to earth.

In summary, the observer effect demonstrates that by our very act of seeing something, we change it. The reason this is so profound and relevant to dream work is because Scripture is saturated with messages about the importance of looking and seeing: “Fix our eyes on Jesus” (see Heb. 12:2). “Look at things that are unseen” (see 2 Cor. 4:18). “Set our minds on the spirit” (see Rom. 8:4-7). “Focus our attention on the things above” (see Col. 3:1-2). And most of all: “Receive the anointing to be witnesses” (see Acts 1:8). Watchers. We have been baptized by His Spirit, who breaks open the supernatural realm for us, empowering us to be observers, lookers, and seers.

WHAT JESUS IS DOING

We know Jesus did only what He saw His Father do in the spirit realm and He only spoke what He heard His Father say from that supernatural realm (see John 5:19; 8:38). So yes, we absolutely do the same. We can look into the spirit world through dreams and visions and model what is going on there. We can copy and imitate it, and we should. That is important.

According to quantum physics, however, much more is happening than we even realize. That is, before we actually imitate and model Jesus and live into the truth we see in our dreams, before we even actively follow His lead, our very act of observation has already played a part in creating in our world what we see in His. By seeing and agreeing with the meaning of our night visions, we help bring about their messages in waking life.

We want to “change” what we observe in the dream world so that it is not just a supernatural reality, but also something that is visible in the natural realm. We want to “affect” the truth of the spiritual world so that it is evidenced in the material world, too.

Vision is a bridge that helps move the Kingdom of Heaven from the spiritual side of the realm over to the tangible side of it. Our seeing, our act of observation, effects an outcome the same way physicists have proven in their laboratories. We witness Jesus and His Kingdom while we sleep, and that very looking and listening changes our waking world by manifesting His reality on this side of the dimension.

Phil Mason, Spiritual Director of New Earth Tribe in Byron Bay, Australia, elucidates the spirit/quantum connection in his excellent work *Quantum Glory*. He teaches that God is the Ultimate Observer and that because He sees all, everything exists.¹ Every possibility is present in the spiritual realm, but God wants us to co-create with

HEARING GOD THROUGH YOUR DREAMS

Him and bring what exists in Heaven to earth. He has already made it available and authorized it; we just need to co-sign His check.

A powerful way we do this is by looking into Heaven and seeing what He is doing. We “measure” what is in Heaven, compare it with how things are on earth, and we realize they don’t match up. We see in the spirit realm what He has available to us, and then we agree with what we see. We say “yes” to all that God intends, and that act of visual agreement becomes the bridge over which the promises of Heaven can cross. Heaven is released to earth through us, specifically through our act of seeing—through our observation, through our dreams, our visions of the night.

The resources of Heaven remain in a spiritual state of possibility until someone on earth observes them. Through that observation, the potential blessing is released to materialize in our natural world. Through our dreams we can look at a spiritual reality that is not yet tangible in this physical dimension and, by observation, cause that supernatural potential to manifest in our here and now.

Jesus is the leader whose example we follow, and He observed (see John 5:19-20). He looked (see John 8:38). He listened to the spirit (see John 5:30). So we get to do these things whether we understand the full ramifications of our obedience or not. By practicing the biblical art of dream interpretation and looking at and listening to the spirit world, we are actually partnering with God as co-creators, manifesting His Kingdom of Heaven in our physical realm of earth.

CO-CREATING WITH GOD

“The heavens are the Lord’s, but the earth He has given to the sons of men” (Ps. 115:16). That’s us. This is our earth that we get to make look like Heaven. In his book *Rediscovering the Kingdom*, the late Dr. Myles Munroe talks about how God wants to “colonize earth with Heaven.”² We are the ambassadors and co-creators. We are the

observers and witnesses. God has given us a part to play. He does the work. He creates the miracles and brings Heaven to earth, but He does it with us. In us. Through us.

Dreaming God's dreams and watching His visions, both during the day and at night, are key to manifesting Heaven on earth. Observation plays an essential role in bridging the Kingdom. Once we learn how to see what Jesus sees, we will begin to heal the rift within the realm.

Pastor Bill Johnson of Bethel Church in Redding, California, teaches that whatever we are conscious of we manifest. According to him, we always release the reality of the world of which we are most aware. So if we are cognizant of the atmosphere of Heaven, the peace of His presence, and Christ Himself, we can impart Him. We can radiate His life and release His power into our world.

There is a fascinating dream saga in the Old Testament that is filled with promise and precedent. Remember the story of Jacob and his striped and speckled sheep? Jacob's father-in-law, Laban, was taking advantage of Jacob and kept changing his wages. God came to Jacob in a dream and told him what to do about it. Genesis 30 and 31 tell us how the Lord instructed Jacob that when the strongest, healthiest animals of the flock mated, he should put striped branches by the water in front of them.

Jacob acted on the revelation from his dream. The surprising result was that when the strong sheep looked upon the striped branches, they produced offspring that were striped. The best of the animals became striped just like the branches they observed. Laban had agreed that Jacob could have all the striped sheep for himself so this was how God provided a strong, healthy flock for Jacob's own possession (see Gen. 30:31–31:17).

Through a dream the Lord gave Jacob a creative business idea that blessed him financially, making him *"exceedingly prosperous"*

HEARING GOD THROUGH YOUR DREAMS

(Gen. 30:43). That right there is a good reason to listen to our dreams and act on them!

I had found this story a bit perplexing until I heard a pastor's teaching on how water reflects, so it is a place of reflection and meditation. This is a picture of how we are to meditate on the Word and be changed by it (see James 1:23-25). Similarly, the Lord spoke the following to my dad in his journaling several years ago: "*Whatever you focus on grows within you, and whatever grows within you, you become.*"

That is what this Old Testament story demonstrates: whatever you focus on you become. This is the same revelation Paul disclosed in his epistle: as we behold in a mirror the glory of the Lord, we are transformed into the same image (see 2 Cor. 3:18). This was also the meaning of a dream I recently had.

THE DREAM OF A 3-D PRINTER

In the dream, I was in my house and went downstairs to the treadmill room. There, I got very close to my brother Josh, and he ended up sitting on my hand! As I was looking at him he took my picture. He was then going to print it using a 3-D printer.

God's message through the dream was exciting and the interpretation encouraging. The house represented me, and the action of going downstairs pictured my going down deep within myself to my heart. This is the place where I "exercise" godliness and my salvation is "worked out" (remember, I was in the exercise room of our house).

My brother Joshua represents *Yeshua*, Jesus, my elder Brother. His act of sitting on my hand is a picture of my coming into deeper covenant and agreement with Him (see Gen. 24:2-3). As I moved closer and looked at Him with unveiled face, I beheld His countenance. He took my image (picture) and transformed it into other dimensions.

We want to see ourselves the way God sees us, through His lens. His picture of us is more magnificent than we could imagine, and

once we see ourselves the way God sees us, we are changed. This scene was a dream picture of Second Corinthians 3:18. I observed the glory of God, and the glory changed. It was no longer only a spiritual reality; the glory transformed me, manifesting in my physical reality. I looked upon Jesus in my dream, and as a result, He made me look more like Him. God wants to see His image in us. We are His children, and He desires a striking family resemblance!

It is significant that Scripture says, “We behold *as in a mirror* the glory of the Lord, and we are changed” (see 2 Cor. 3:18). We are not just looking at a beautiful sunrise and marveling at the glory we see there. A mirror is where we look at ourselves.

According to the observer effect, what is looked at and witnessed is what is changed. “We look as in a mirror” so we are observing ourselves and we also are simultaneously beholding the glory of the Lord in that same mirror image (see 2 Cor. 3:18). His glory is within us. As we focus on Him, His holiness, His presence, and His glory, we become transformed into that image.

If we look in the mirror and see just a person, we have not looked closely enough (see 2 Pet. 1:4). The apostle Paul admonished the Corinthians for “*acting like mere humans*” (1 Cor. 3:3 NIV). How could he say that? Isn’t that what they were? No, Paul understood the revelation about which Peter and John wrote: We have the DNA of divinity (see 1 Pet. 1:23). We are the supernatural progeny of God Himself (see 1 John 3:9). We are not of this world (see John 17:16).

My dream message encapsulated these concepts specifically through the aspect of the 3-D printer. In a process that I don’t really understand but know often involves light, 3-D printing makes three-dimensional solid objects from a digital file. It starts by making a virtual design of the object you want to create. This is an excellent picture in the natural for what God does with us spiritually.

At our new birth, when we were born from above by His Spirit, God made a virtual design of us in the supernatural realm as new

HEARING GOD THROUGH YOUR DREAMS

creations in Him. Like a digital file, our spirits are invisible and intangible. However, God wants His spiritual life in us to become a tangible reality in the earthly realm too.

So through the light of His glory, in a process that is beyond our understanding, God recreates us layer by layer more perfectly into His image, manifesting the presence of His Spirit in a three-dimensional world through us. We are destined to be conformed to the image of His Son through a supernatural multidimensional upgrade (see Rom. 8:29).

This is a brief synopsis of what we do through our dreams: we observe them and their messages from Heaven, which causes the spiritual reality in them to be manifested in our natural world. Jacob in Genesis, Paul in the New Testament, the observer effect in quantum physics, my 3-D printer dream last week—they are all saying the same thing. Each one confirms the scientific, scriptural, spiritual truth that observation causes transformation.

PORTALS OF GLORY

We are infinitely more powerful than we have ever imagined. We are God's image bearers in this world, and by observing His spiritual Kingdom we help cause it to be on the earth. We get glimpses of it every night. We see snapshots of the spirit through our dreams. We look upon and witness Jesus, and that is part of how He manifests and how His glory transforms our atmosphere.

We witness and observe and agree with the truths our dreams reveal, and God uses our eyes on Him and His realm as the supernatural connection, the transfer point.

It is by His Spirit joined to our spirits released through our earthly bodies into the physical world that the Kingdom comes, that the supernatural invades the natural, that the invisible truth becomes visible reality, and that the answer materializes to His prayer and to ours: *"Thy will be done on earth as it is in heaven"* (Matt. 6:10 KJV).



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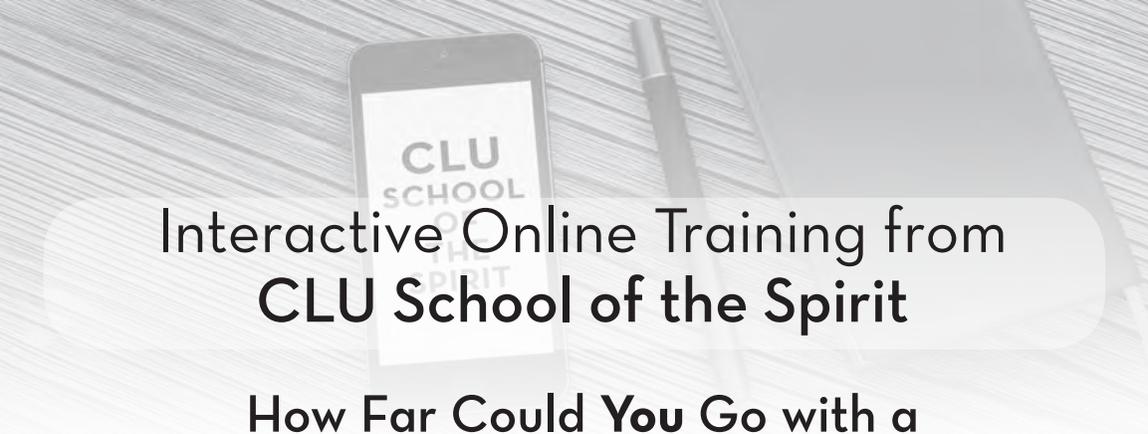
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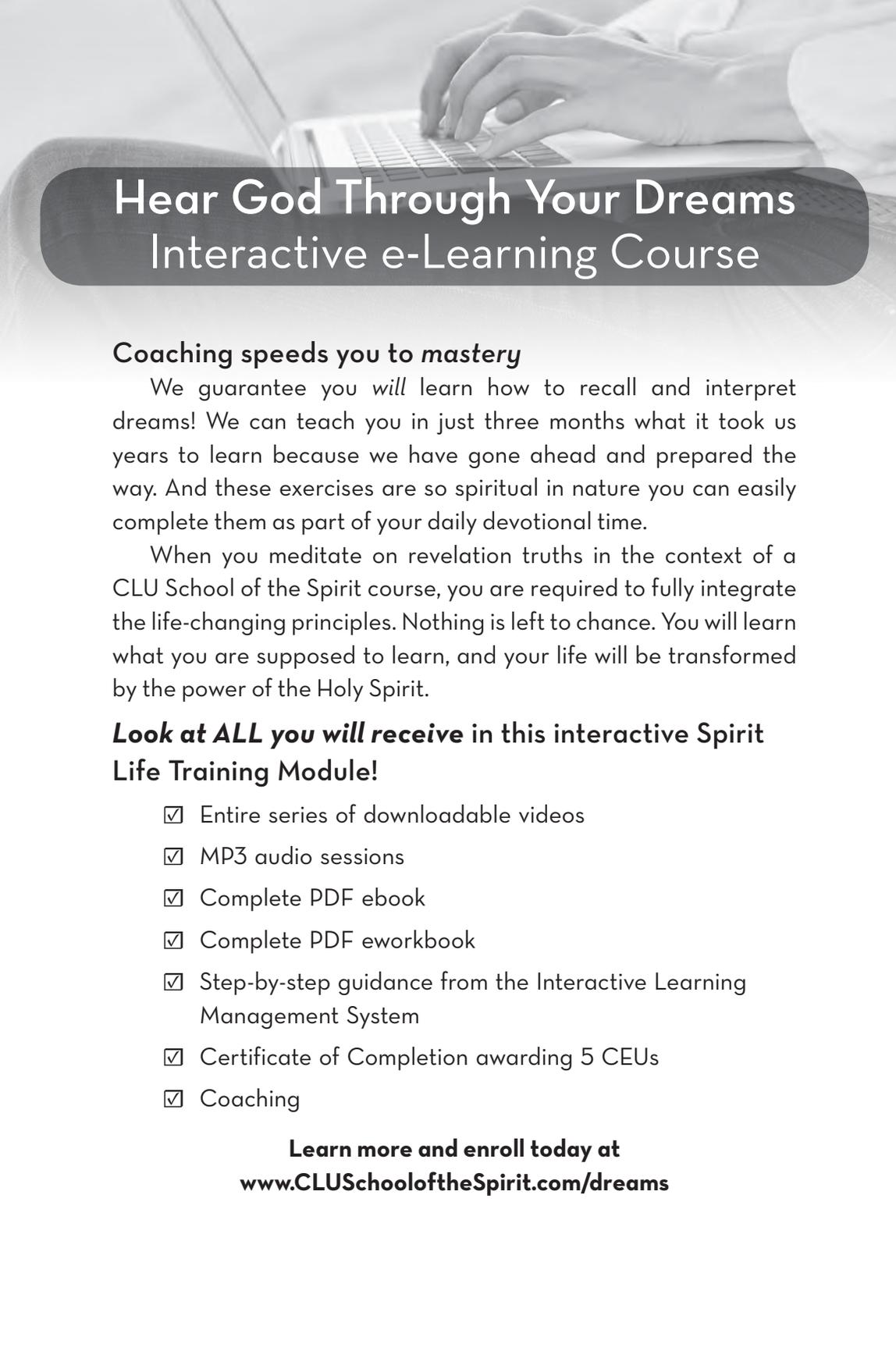
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We guarantee you *will* learn how to recall and interpret dreams! We can teach you in just three months what it took us years to learn because we have gone ahead and prepared the way. And these exercises are so spiritual in nature you can easily complete them as part of your daily devotional time.

When you meditate on revelation truths in the context of a CLU School of the Spirit course, you are required to fully integrate the life-changing principles. Nothing is left to chance. You will learn what you are supposed to learn, and your life will be transformed by the power of the Holy Spirit.

Look at ALL you will receive in this interactive Spirit Life Training Module!

- Entire series of downloadable videos
- MP3 audio sessions
- Complete PDF ebook
- Complete PDF workbook
- Step-by-step guidance from the Interactive Learning Management System
- Certificate of Completion awarding 5 CEUs
- Coaching

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